

Transformation Overview

~~Guarding Your Heart~~

~~06.19.13~~

~~DNA~~

rate yourself
→

- Listen to the Holy Spirit.
 - ACTION ITEM: _____

- Live in community.
 - ACTION ITEM: _____

- Live transparently.
 - ACTION ITEM: _____

- Be teachable.
 - ACTION ITEM: _____

- Live within Circles of Covenant: Who speaks into your heart?
 - ACTION ITEM: _____

- Praying in my prayer language.
 - ACTION ITEM: _____

- Discover how God made you and steward what He shows you.
 - Define "steward".
 - Strength Finders
 - Spiritual Gifts Test
 - 5-fold Ministry Test
 - Circles of Covenant
 - Time Management Template
 - Prophetic Words
 - Lie Detector Worksheets
 - ACTION ITEM: _____

- Live a life of forgiveness. (Look at life from the other person's life....things that are going on around you are not necessarily about you...they're going on AROUND you.)
 - ACTION ITEM: _____

- Tell your feelings the truth. Don't romanticize life.
 - ACTION ITEM: _____

- Take your thoughts captive to the obedience of Christ. Regulate where your thoughts are...what I think about is what I end up manifesting.
 - ACTION ITEM: _____

- _____ Use Media Filters: ear gates and eye gates ~
 - What kind of media are you allowing in? What visuals are you allowing in?
 - What movies do you watch?
 - What pictures are you looking at?
 - ACTION ITEM: _____

- _____ Know your weaknesses and vulnerabilities
 - What are the patterns that don't work in your life?
 - Look at the areas you need to grow in and find people who have what you want to get and hang out with them.
 - What are some of the numb-outs we use that make us vulnerable?
 - Share those openly with your inner circle.
 - ACTION ITEM: _____

- _____ Dating Relationships: Ask questions and **LISTEN!**
 - What's your favorite thing to do with your dad/mom?
 - This tells you what their most important relationship has been like with the opposite sex and what you future can likely hold, unless they've done some good work on growing past it, if negative.
 - What kinds of jobs have you liked/done?
 - How long did you stay there?
 - If they cannot hold a job for longer than several months, they'll possibly have trouble staying with anything else for that long.
 - Was your boss a good boss?
 - This gives you an indication of their response to authority and how they work out those issues.
 - What did you like about it?
 - You will be working on goals and lifestyle maintenance for the rest of your life with them. Their attitude toward their job will likely be similar to working with you, once the romance wears off.
 - What did you not like about it?
 - What was your most challenging job?
 - You will hear what they consider to be a challenge. If it seems petty to you, so will many future issues be handled with the same core values.
 - What happens when you get mad and how do you work through problems with people?
 - What happens if you can't agree on something with someone?
 - Their problem-solving will be the same with you. Don't kid yourself that it will be different because you are in "love".

- Who's' the most important person in your life and how did they become that significant?
 - What's the most purchase that meant the most to you in the last year?
 - This gives you an idea of their values.
 - What was your favorite gift ever and why did you like it?
 - This tells you a lot about their value system on what's meaningful to them and possibly what their love language is.
 - How do you feel about college education?
 - Did you pay for yours or were you able to get some help?
 - Was studying easy or a challenge?
 - Sharing GPA's could be good.
 - This gives you an idea of how goal-oriented they are and what they are willing to do to reach them. If they've never had to work to pay all their expenses but have been funded by others, they will possibly have no understanding of living on a budget nor of the value of working hard.
 - Young people typically expect their spouse to treat them with the same expectation their family of origin did.
 - ACTION ITEM: _____
- Look at how they clean their room, their car, and how they run their lives so far as planning and time management. Does what you see mirror what you want for your own lives. You will not change them once you're married nor will they "change" (permanently) for you.
 - ACTION ITEM: _____

